

If you are currently experiencing a crisis due to acute illness, accident, injury, or other tragedy, our networks of community volunteers can provide temporary, free assistance with some of your day-to-day needs.

Neighbor Brigade frees you from your "to-do" list in times of crisis:

- Home-delivered meals
- Rides to medical appointments
- Errands
- Simple household chores
- Pet care (non-boarding)



Our corps of volunteers are local, caring, and here to offer relief. We are your neighbors. We are your Neighbor Brigade.

Help is next door.



Free • Immediate • Available to All www.neighborbrigade.org

## Neighbors helping neighbors. The way neighborhoods used to be.

Individuals and families can find their lives upended by a serious medical diagnosis or other sudden tragedy. We are a nonprofit organization dedicated to helping communities quickly mobilize to help their neighbors during times of temporary crisis. Our local chapters of volunteers step in to help when immediate family and friends just can't do it all.

There are no eligibility requirements for recipients and all services are provided free of charge.



Experiencing a crisis due to a health concern, accident, high-risk pregnancy/birth, or family tragedy? Let our network

of caring volunteers help. Receiving help from your local Neighbor Brigade chapter is quick and easy.



Being a chapter volunteer is flexible and rewarding. Be as active as your schedule allows: you can walk a recipient's dog

one day, prepare a meal for another three weeks later. There are no minimum time requirements. Visit our website to fill out a volunteer application. [Volunteers must be minimum 18 years of age.]

To request help or volunteer, please visit www.neighborbrigade.org to connect with Neighbor Brigade in your community.



PO Box 248 Lexington MA 02420

P.O. Box 248, Lexington, MA 02420 www.neighborbrigade.org

We establish and mobilize community-based volunteer networks to provide services for residents affected by a temporary crisis.

## Lorraine Britting

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